



Case Study: East SILC – John Jamieson & Leeds United



What was the need?

The need to increase whole school participation in physical activity and:

- 1.To raise pupil achievement through sporting interventions.
- 2.To increase staff confidence in delivering fundamental movement skills to pupils on a range of pathways.
- 3.Broader experience of a range of sports and activities offered to all pupils

What did we do?

As a direct result of ideas put forward during a school improvement meeting, the need for a whole school coaching programme was identified. As a department, we met with heads of school and sites. We began researching external coaching options. Leeds United foundation had worked with East Silc for the past 3 years and our relationship had grown each academic year. They reached out to the SILC to support with schools PA programme, which the SILC quickly subscribed to their SLA's.

How did we do it?

We met with the coaches delivering the sessions, working together to identify how they can meet the needs of the students at the East SILC. We had a few workshops and taster sessions to tweak any problems. The first few weeks were tricky, but once the coaches were able to gauge the range of needs in the groups the follow-up sessions were more successful.

What did it cost?

Delivering 1-hour session a week for each of the 5 sites - Brigshaw High 16+, Temple Moor, Roger Cannon, John Jamieson.

Total of 5 hours of delivering each week - Full academic year

Cost - £8,400.

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What impact has it made?

Increased pupil attainment in PE with every pupil meeting their expected targets in PE, which is reflected in progress data (Sept-March).

All pupils reaching their 'Physical Activity and Health' ILPP target were set (September- March).

Increased SEN inclusion in coaching workshops, camps, and events - fun and exciting social activities that help those involved to gain new skills, build their confidence and improve their physical and mental well-being.

Providing opportunities for pupils at the East SILC to join external Leeds United coaching sessions.

Students who have difficulties managing their emotions and regulating themselves have really shone during these sessions. The coaches have worked closely with them allowing them to use the sessions as an outlet for their physical energy as well as developing their football skills.

All pupils that take part enjoy each session immensely.

Video clip – [Click Here](#)

What feedback have we had?

Parents are delighted at the increased participation in physical activity. During lockdown, it was an increasing concern about the lack of exercise. Leeds united worked in partnership with children and their families offering virtual workshops. When the children returned to school they were the first coaches to be able to offer face-to-face sessions this was vital for the children and allowed them to regain some normality in their timetable.

Becky Starr, Partnership Lead for the East SILC, added: ***"Anyone coming in with a Leeds United badge on immediately motivates the students and after the sessions, we can see an increase in their social skills, teamwork, problem-solving and just generally their communication skills naturally improve which is crucial for our students."***

"It's fantastic to get a player here; most of our children don't get to go to football games so to have a celebrity to them come into the school is a huge deal."

"Everyone was excited all through the day and they couldn't wait to tell him how much they loved his two goals at the weekend."

'Foundation coaches, their approach to dealing with children and complex needs is just so impressive and they have managed to create this safe and respectful environment, no assumptions are made - everyone's just really loved' - Arthur's mum.



Next steps

- Continue our subscription across all East SILC sites.
- Work closely with the coaches to provide opportunities for the pupils to participate in more external development programs. To work together to develop CPD for non-specialist teachers.
- To continue to offer sporting interventions and coaches and broadening this offer across multiple sites due to the schools' expansion.
- Leeds United are keen to replicate the programme within other school settings and SILCS.