

# Case Study: Middleton St Marys – Active Classrooms .



## What was the need?

Children need to be more active during school time. Due to the pressure of targets and learning sitting down is a key factor of each pupil's day. The reason for Active Maths is to give children more exercise throughout the day and restore a love for learning.

## What did we do?

Across KS1 and KS2 children at Middleton St Marys have been taking part in Active Maths lessons. This involves children working together in teams and also as individuals to complete maths questions based on the learning of each week. Children are stood instead of sat, and all children must complete exercises in order to be able to answer questions.

## What impact has it made?

Based on the current year 4 in school – maths results have improved. Arithmetic skills are quicker and 71% of children reached the expected standard on the final arithmetic test. The class target was 63%. By increasing the levels of activity and participating in Active Maths pupils across school are engaged in all maths lessons throughout the week or unit of work as they want to know answers for the Active Maths lessons. Without realising, children have increased their arithmetic speed, resilience and also their love for learning and Active Maths has played a huge part in this.

## What feedback have we had?

Pupil's quotes:

“Active maths is fun and keeps me healthy!”

“I enjoy active maths because all week normal maths lessons build up to an exciting fun day!”

## Next steps

Active Maths at Middleton St Marys has only just begun and there is much more room for development. Each class has a slightly different way of performing this and moving forward more structure is needed to keep active maths getting the results the school needs. Including parents is also something that will be improved on the Active Maths journey.

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