



Case Study: St Margarets Student voice influencing extra curricular offer



What was the need?

As a school, we were aware that we had a number of children who were not actively participating in physical activity during the school day. We set ourselves a challenge to engage more children in physical activity, whilst increasing a broader range of activities that we offer to all pupils.

What did we do?

We used our participation data to engage our least active children into leadership roles, using change 4 life and Young Leaders –delivered during assembly time. In order to engage all children in school, we have run clubs for the visually impaired, by the visually impaired.

How did we do it?

We invited the children to be a part of the decision making process, by inviting student voice. The children stated what they would like to see on offer, and this helped us to timetable the extra-curricular activities that we were able to provide. We now offer clubs every day of the week, some before school and some after school.

What did it cost?

- Parents pay £2 for morning clubs and £4 for after school clubs.
- Many free clubs
- Active school's coordinator 1 day per week.

What feedback have we had?

"At school we have done circuit training to increase my stamina," Lewis, Year 6

"I love cross country! I even go on extra runs," Isla, Year 3

"I'm REALLY active in PE," Lucas, Year 3

"I think Tuesday Milers has helped me with my fitness and my cross country performance and my stamina," Oliver, Year 5

Athletics training has made me fitter and improved my lung capacity as well as being fun and adrenaline packed," Daphne, Year 6

What impact has been made?

If We are engaging more children into our extra-curricular activities, by offering activities that appeal to the children. We are offering clubs every day, some before school and some after. These include Archery, Milers Club, Gymnastics, Fencing, Tchoouckball, American Football and Ultimate Frisbee.

We regularly attend Cross Country races on a Saturday morning, attracting a range of children. Many children who attend our Morning Milers Club, which has resulted in our best Cross Country Success to date. We are taking 35 children to the West Yorkshire Cross Country Final this year. As we have many children attending these clubs, and learning new skills, we have also experienced success at the Indoor Athletics Competition, placing third at the Leeds Semi Finals. As well as improving our performance at city and county level, we also have increased the number of children representing out of school at a participation level. All year groups have had opportunities to compete against other local schools, through the work of our Active Schools Coordinator.

We have targeted our SEND and least active pupils, ensuring that our least active children have had the opportunity to be a sports leader, or to take part in a Change 4 Life Club. For the first time, we had the Visually Impaired Sports coaches come to run a club for our visually impaired children.

Next steps

- To ensure that we continue to use pupil voice to improve provision.
- To continue to engage our least active children.
- To promote participation at all levels of School Games.
- To engage all children in at least 30 minutes of physical activity every day.

