

Local & National Domestic Violence & Abuse Support Services

Help is available by accessing any of the support services below, experienced staff are available to listen in a non-judgemental manner.

Behind Closed Doors



The Community Domestic Violence Team is part of LDVS offering advice, advocacy, and practical support to those who are at high risk of violence and abuse as a result of their relationship.

The **Prevention and Recovery Service (PARS)** offers a non-crisis response structured programme of emotional support to those affected by domestic violence and abuse who are at low risk of harm, helping them to make sense of their experience, recover and move on positively. There is also a male victim's worker as part of their PARS service:

0113 2224562 – <https://www.behind-closed-doors.org.uk>

Caring Dads:

Caring Dads deliver focused interventions for men aimed at reducing abusive and harmful behaviours towards children and women. To find out more about Caring Dads in Leeds please see the [One minute guide: Caring Dads Programme \(leeds.gov.uk\)](#)

To discuss possible referrals, ring: 0113 378 1610 Email: caringdadsinfo@leeds.gov.uk

Domestic Violence Disclosure Scheme, Clare's Law

The Domestic Violence Disclosure Scheme, also known as Clare's Law, has been in place in West Yorkshire since 2014. The campaign was launched to encourage anyone with concerns about their current or ex-partner to use their 'right to ask' to check whether they have a history of domestic abuse. Staff can also request information under the 'right to know' provisions. Applications can be made by males or females over the age of 16-years-old in heterosexual or same-sex relationships. For more information please visit: [Clare's Law - Domestic Violence Disclosure Scheme | West Yorkshire Police](#)

Early Help Hubs:

The Early Help Hubs have a DVA co-ordinator who will be able to give advice to people working within the cluster on how to provide support – here's a link to the [One minute guide: Early Help Hubs \(leeds.gov.uk\)](#) and [here](#) you can find the relevant DVA Coordinator contact in your area.



National Lesbian, Gay, Bisexual and Trans+ (LGBT+) Domestic abuse, Hate Crime and Sexual Violence Helpline:

0800 999 5428 - <http://www.galop.org.uk/>



[Getaway Girls – Empowers girls and young women](#) This isn't a domestic abuse service as such, but they work with girls to empower them and this frequently involves supporting them towards domestic abuse services.



Karma Nirvana

Support for all victims of honour-based abuse, forced marriage, Female Genital Mutilation (FGM) and domestic abuse.

0800 5999 247 <https://karmanirvana.org.uk>



Leeds City Council -For information about Domestic Violence and Abuse for individual's and professionals can be found at: www.leeds.gov.uk/domesticviolence

Leeds Housing Options

[Contact Leeds Housing Options](#) If someone is looking for refuge or other move from their current home, they can contact the LDVS helpline or go to Leeds Housing Options for a housing assessment. This may lead to a refuge being offered or they will explore other options such as private rented accommodation and they have a small fund to help with white goods etc.



Leeds Domestic Violence Service (LDVS) supports individuals experiencing domestic violence and abuse through a range of services including emergency accommodation, support, advice, and advocacy. It is the commissioned service that is the route into a raft of DVA services. The 24-hour helpline is for people seeking help and can also be used by members of staff who are seeking guidance about a case or the options available to them. The service is for men and women aged 18+. Within LDVS, there are children and young people's workers, as well as a male victim's worker.

24hr helpline: 0113 246 0401

Website: www.ldvs.uk

Email: administration@leedswomensaid.org.uk

Confidential online chat is available **Monday to Friday 1-3pm** via Leeds Women's Aid website (available to women only): www.leedswomensaid.co.uk



Leeds Women's Aid – one of the agencies that work as part of the LDVS consortium, but have additional support and accommodation. [Domestic Violence & Abuse Support in Leeds - Leeds Women's Aid \(leedswomensaid.co.uk\)](http://www.leedswomensaid.co.uk)

MindMate[®]

MindMate was designed with young people, for young people, to provide a central place for information about common mental health issues and where you can find support.

[Domestic violence - MindMate](#)

MindMate[®] CHAMPIONS

The MindMate Lessons teaching resource is a set of Social, Emotional and Mental Health (SEMH) lesson plans for Key stages 1 to Key stage 4/5. There is a focus module which focuses on unsafe relationships. [MindMate Friendly and MindMate Champions](#)

National helpline for Male victims of domestic abuse:
0808 801 0327 <https://mensadviceline.org.uk/>

NSPCC

NSPCC: Domestic Abuse Recovering Together (DART)

DART is a 10-week programme that helps mothers and children strengthen their relationship following domestic abuse.

DART is for mothers and children (aged 7-14) who've experienced domestic abuse. Over a 10-week programme, they explore their issues within a safe and friendly environment, promoting openness and honesty.

This programme is designed for one mum and one child per family. But if they have more than one child, you may invite them to complete the programme with the other children at a later time.

If you know a family who could benefit from attending DART, or for more information, contact The NSPCC Yorkshire, Humber and North East Regional Hub on: 01274 381440 or visit:

[Domestic Abuse, Recovering Together \(DART\) | NSPCC Learning](#)



Information about how to support someone experiencing abuse can be found on this website:

[Supporting a survivor | Refuge National Domestic Abuse Helpline \(nationaldahelpline.org.uk\)](#)

Respect

Respect lead on the development of safe, effective work with perpetrators, male victims, and young people using violence in their close relationships.

Respect Phonenumber - confidential helpline, email and webchat service for domestic abuse perpetrators and those supporting them. Call: 0808 8024040 or visit [respectphonenumber.org.uk](https://www.respectphonenumber.org.uk)

Men's Advice Line - confidential helpline, email and webchat service for male victims of domestic abuse. Call 0808 8010327 or visit www.mensadvice.org.uk



Safelives

Safe Lives is a national organisation that develops policy and practice around domestic abuse. They're not a direct service, but their website contains useful information relevant for anyone who wants to know more about how to support those experiencing abuse.

[Home | Safelives](#)

Sanctuary Support Scheme

The new Sanctuary Support Scheme now offers a support worker for those who have sanctuary measures in their property. The aim of this team is to be able to offer both emotional and practical support, with a focus to providing access to more specialist support to individuals with protected characteristics. The workers are from a range of agencies and managed through LDVS.

To refer into the service, a Sanctuary referral will need to be sent through to Leeds Housing Options (LHO) dv.marac@leeds.gov.uk –the worker can then indicate on the referral and email whether or not the client would like additional support.

If you would like to discuss your referral or if the referral is for an asylum seeker or refugee, please discuss this with Lucy Johns, Sanctuary Support Team Leader - lucyj@ldvs.uk



Support After Rape and Sexual Violence Leeds:

0808 802 3344 - <http://supportafterrapeleeds.org.uk/>



Shantona Women's
& Family Centre

Based in the LS9 area, the ASROY project supports Black and Minority Ethnic (BAME) women who are experiencing domestic abuse; also supports young people aged 12-18 who are at risk of CSE.

Staff speak a range of South Asian Languages:

0113 249 7120 <https://www.shantona.co.uk>

West Yorkshire Police

In an emergency, when there is a crime in progress or a danger to life, always dial 999 (if you are unable to speak to the operator use the **Silent Solution** by pressing 55 when prompted to do so)

For non-emergencies: Call West Yorkshire Police on 101

Or you can report the abuse online via:

<https://www.westyorkshire.police.uk/report-it/report-domestic-abuse>