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| **Pupil Wellbeing Survey Data Analysis**  |
| **Version 6: 27 July 2021** |
| **Survey responses: 7253** | **No’s of schools completed:69** |
| **Primary: 5913****Secondary: 1338****Post 16: 2** |
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**Mental and emotional health:**

During lockdown,22.06 **%** of pupils reported that their **mental health improved**, 32.4**%** reported it **got worse**, and 45.54**%** reported **no change**. (B4)

* 60.62% of pupils felt they did not need any mental and emotional health support (C2)
* 17.61% felt they had enough support, whilst 4.65% had support but needed more (C2)
* 8.42% didn’t get support from the school/college but got it from elsewhere (C2)
* 2.48% weren’t helped by school/college or anywhere else (C2)
* 6.23% felt they couldn’t tell anybody in school/college (C2)

The top 3 responses (from 20 options) on **what was most liked about being at home:** (B1)

* Spending more time with family (10.84%)
* Sleeping more (8.96%)
* Having more time for myself (8.11%)

The top 3 responses (from 40 options) on **what are you most worrying about today:** (B2)

* Not seeing friends (9.49%)
* My family becoming sick (8.53%)
* Possibly loosing friends (5.21%)

**Other noteworthy answers:**

* People coughing near me (4.78%)
* My own physical health (4.33%)
* My own feelings (mental and emotional health)

The top coping mechanisms pupils used during lockdown**:** (B5)

* Time with family (8.52%)
* Watching YouTube/Netflix (7.83%)
* Gaming (6.33%)
* Face to face video calls with friends (5.83%)
* Talking with friends (5.51%)

**Friends:** (B13)

* 78.64% of respondents reported that, during lockdown, they could talk to their friends, either quite often (19.46%), very often (24.01%) or always (35.17%)
* 26.45% of respondents reported that themselves and their friends never (12.17%) or seldom (14.28%) helped each other during lockdown.

**Physical activity:** (B6)

During lockdown, **34.57%** of pupils reported they were **more physically active than usual**, **34.8%** were **less physically active** and **30.63%** were **as physically active as usual**.

**Caring responsibilities: (B7)**

* 14.09% of pupils reported they had to look after someone in their family because they were ill with coronavirus, either some days (10.32%) or most days (3.77%).
* 29.89% of pupils reported they had to look after someone in their family because they were ill with something else, either some days (22.43%) or most days (7.46%).
* 29.01% of pupils reported they had to look after someone in their family because they were too young to look after themselves (i.e. siblings), either some days (16.78%) or most days (12.23%).

**Safeguarding:**

* 58.36% felt school was good at helping them to keep safe during lockdown, 31.48% weren’t sure, and 10.16% disagreed. (C1)
* 15.76% of pupils reported they were worried because there was more arguing/conflict at home. (B8)
* 7.12% were worried because there was aggression/fighting at home. (B8)
* 5.32% were deliberately hurt by someone at home. (B8)
* 8.35% had experienced suicidal thoughts. (B8)
* 5.09% felt they had lost their ‘safe’ place away from difficult or dangerous home environments. (B8)
* 55.81% had not experienced any of the above. (B8)

**Bereavement:** (B9)

* 1.93% had lost a parent or carer.
* 1.49% of pupils had lost someone who lives in their house.
* 23.6% of pupils had lost someone in their family, who doesn’t live in the same house as them.
* 5.8% had lost a friend.

**Parents/Carers:** (B10)

* 7.66% of pupils reported they felt their parent(s)/carer(s) never understood them.
* 68.62% of pupils reported they always felt loved by their parents.
* 86.3% of pupils reported feeling happy at home; quite often (18.99%), very often (21.41%) or always (45.94%).
* 18.65% of pupils reported their parent(s)/carer(s) never had time for them (6.17%) or didn’t have time for them very often (12.48%).

**Bullying during lockdown:**

* 80.01% of pupils experienced no bullying during lockdown. (B11)
* 15.92% experienced bullying a few times. (B11)
* 1.39% experienced bullying every week. (B11)
* 3.19% experienced bullying most days/every day. (B11)
* If they did experience bullying (19.99% of overall respondents), 58.03% told a trusted adult, and 41.97% didn’t tell a trusted adult. (B12)

**School/College was good at:** (C1)

* 55.96% felt their school was good at staying in touch with them, 12.27% disagreed.
* 52.07% reported they felt their school was good at being there if they needed them, 14.05% disagreed.
* 70.63% felt the school was good at supporting them with their learning, 8.64% disagreed.

**Pupils felt that, if they needed it, they didn’t get advice and support from their school around:** (C3)

* Social, emotional and mental health (26.62%).
* How to cope with someone dying (27.13%).
* Being split between two parents (29.22%).

**Sources of advice and support during lockdown:** (C5)

* Didn’t need advice or support (19.88%)
* Family (28.5%)
* Friends (19.47%)
* School (11.21%)
* Online support including online chats (6.18%)
* Text support (5.2%)
* Telephone support (4.47%)
* I needed support but didn’t get any (1.98%)
* I did not know where to get help (3.11%)

**After lockdown:**

* 76.31% enjoyed being back at school.(C6 quite often - Always)
* 88.2% feel they are getting on well with their learning. (C6 quite often - Always)
* 90.38% feel they are getting along with their teachers. (C6 quite often - Always)
* 8.29% reported they could never concentrate in class, a further 16.22% reported they couldn’t concentrate in class very often, 26.52% reported they could always concentrate in class.
* 8.58% have never felt supported by their school since they’ve been back, a further 9.87% reported they didn’t feel supported very often. (C6 Never + Not very often)

**After lockdown, have you been able to get support from school/college to help you with your emotional and mental health if you needed it?** (C7)

* 66.43% felt they didn’t need any support
* 7.82% hadn’t told anyone in school or college
* 11.98% felt they had enough support from school/college
* 3.71% needed more support from their school/college
* 6.49% didn’t receive support from their school but got support from somewhere else
* 3.56% didn’t get support from school or anywhere else