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Health and Wellbeing Service Presents:

**The School Food Conference 2017**

***Tuesday 5th December, 09:00-16.00***

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**Venue:** Lord Mayors Banqueting Hall, Civic Hall, Portland Crescent, Leeds, LS1 1UR

**Audience:** Head Teachers, senior leadership, school support services, catering managers, voluntary and community organisations food & healthy eating coordinators, healthy schools coordinators, governors.

The school food conference will bring together key partners, experts and organisations, to share the latest information around the school food standards and local and national policy. The event will be an opportunity to find out more about how to embed the recent recommendations, for children and adults to reduce the amount of sugar consumed, in a school setting. We will share the latest research and evidence to drive forward change and inspire schools to take the lead for healthier, happier children and young people.

Furthermore this event will officially launch a brand new resource that will support schools and settings to develop or review a whole school food policy, bringing together all aspects of food consumption, education and provision.

**Bookings and Enquiries:**

**Booking is available at** [**http://www.leedsforlearning.co.uk/Event/51341**](http://www.leedsforlearning.co.uk/Event/51341)

If you have any queries about the content of this event or would like to know how to be involved, please get in touch at Siobhan.O’Mahony@leeds.gov.uk.

**Visit** [**www.schoolwellbeing.co.uk**](http://www.schoolwellbeing.co.uk) **to find out more about the Health and Wellbeing Service.**

**The School Food Conference** Agenda

5th December 2017, 09.00-16.00

Lord Mayors Banqueting Hall, Civic Hall, Calverley St, Leeds, LS1 1UR**.**

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| **09:00-9:30** | **Registration and refreshments** |
| 09.30 | **Welcome**  Councillor Mulherin  Executive Board Member for Children and Families |
| 09.55 | **Leeds Child Healthy Weight Plan: A plan for action.**  Deb Lowe  Advanced Health Improvement Specialist, Public Health |
| 10.15 | **Transforming school food: Healthier and tastier school meals**  Dave Carrack  Executive Chef, Horsforth & Benton Park School |
| 10.40 | **Starting As We Mean To Go On. Reducing sugar in school meals and pudding swap pilot**  Karen Smith  Food Technologist, Catering Leeds |
| 11.05 | **Perspectives on packed lunches: What the research tells us**.  Dr Hannah Ensaff  University of Leeds |
| **11.30-11.45** | **Break** |
| 11.45 | **The NEW Whole School Food Policy, Packed Lunches & the School Food Standards**  Siobhan O’Mahony  Nutritionist, Health & Wellbeing Service, Leeds City Council |
| 12.10 | **Implementing an effective whole school food policy to change behaviour and consumption**  Beki Vargassoff  Headteacher, Fieldhead Carr Primary School |
| 12.35 | **Improving your school food provision, school food culture and ethos: Planning for change** (Group activity) |
| **13.00-13.45** | **Lunch and networking** |
| 13.45 | **Speed sharing: A chance to hear examples of best practice in schools and organisations** |
| 14.15 | **My Health My School Survey: What the data tells us**  Steve Body  PSHE & Healthy Schools Consultant, Health and Wellbeing Service |
| 14.30 | **Breakfast, behaviour and academic outcomes**  Prof Louise Dye  University of Leeds |
| 14.50 | **Effective implementation of school healthy lifestyle programmes: lessons learnt**  Prof Pinki Sahota  Professor of Nutrition and Childhood Obesity, Leeds Beckett University |
| 15.10 | **The NEW Leeds Food Charter: What this means for schools**  Sonja Woodcock  Sustainable Food Cities Coordinator, Leeds Food Partnership |
| 15.30 | **The next steps for school food and Universal infant Free School Meals**  Siobhan O’Mahony  Nutritionist, Health & Wellbeing Service, Leeds City Council |
| **15.45–16:00** | **Closing remarks, evaluation and finish** |

