

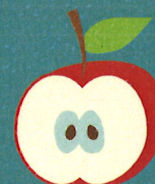
SCHOOL FOOD AMBASSADORS

Toolkit



Fill in your School Name here

School Food Ambassador TOOLKIT CONTENTS



TOOL	TITLE	DESCRIPTION	PAGE
A	Front cover	This can be used for each ambassador's toolkit and for the project lead to store all other information safely.	1
B	Action Plan	Use this to help plan and organise all your SFA work, from setting up the model, to the changes you make as a result of monitoring school food.	3
C	Recruitment Poster 1	These posters can be used to recruit your ambassadors and advertise the opportunity round school. You could design your own posters or use these as ideas.	4
D	Recruitment Poster 2		5
E	Job advert Primary	Use these tools when recruiting ambassadors through a job application process.	6
F	Job advert Secondary		7
G	Job Application form		8
H	Nomination Slips		9
I	Interview Questions		10
J	New Job Certificate	This certificate can be used to congratulate pupils who are successfully appointed to their new post.	11
K	Example Job Contract	It is a good idea to encourage your ambassadors to write their own job contract as a collective. The example will give ideas for what to include.	12
L	Blank Job Contract		13
M	Session Plan 1 - Introducing to the school council	This session can be delivered to your school council, adapted as a whole school assembly or a lesson plan. The PowerPoint can be downloaded at www.schoolwellbeing.co.uk .	14
N	Session Plan 2 - First SFA meeting	This session plan is ideally delivered when your ambassadors have been recruited but can be delivered at any time.	19
O	Session Plan 3 - School Food Standards Training	This session is important to ensure your ambassadors understand the importance of the School Food Standards. It can be adapted as a lesson plan. The PowerPoint can be downloaded at www.schoolwellbeing.co.uk .	23
P	What makes a good School Food Ambassador?	This activity can be done with your ambassadors as part of session 1 or at any point as a training exercise	29
Q	Daily Menu Monitoring Form	These tools will help guide your ambassadors when monitoring school food at lunchtimes. It is recommended to also create your own monitoring sheets when your ambassadors grow in confidence.	31
R	Pupils' Likes & Dislikes		32
S	Head Teacher Checklist for School Food Ambassadors		33
T	Food Tasting Tool	This is an exciting tool to help pupils learn how to taste different foods.	36
U	The School Food Standards Poster	This poster outlines the 2015 School Food Standards.	37
V	Checklist for School Lunches	Use these checklists for your ambassadors to monitor compliance at lunchtime and for food other than lunch with the 2015 School Food Standards.	38
W	Checklist for School Food other than lunch		39
X	School Food Ambassador Award	This is an example of an award certificate that could be given to an ambassador at any time to increase motivation and provide recognition for their hard work.	40
Y	Yes No Sometimes	This is a fun, interactive game that can be used to teach ambassadors about the School Food Standards or it can be used to produce a dining room wall display. It is also used as part of Tool O. Available in full at www.schoolwellbeing.co.uk .	41

Are you passionate about improving your school?

Are you a good communicator?

Do you want to act as a champion for school meals?



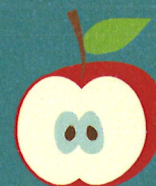
Do you enjoy eating food?

If you can answer yes to all of the above, then you could be our new...

SCHOOL FOOD
AMBASSADOR

Come to the next school council meeting to find out more...

Fill in when and where here



School Food Ambassador HEAD TEACHER CHECKLIST

These are for School Food Ambassadors to ask other pupils in the dining hall where appropriate. Some of the questions can be answered without asking anybody else. Sections of the checklist can be used independently or adapted to form a survey.

Give All Children and Young People What They Care About

QUESTION

ANSWER

Does the food look and taste good?

Is there a mix of new food and food you already know?

Do the catering staff encourage you to try new foods?

Does everyone choose a balanced meal and have vegetables?

Is tap water widely available?

Is the food the same as what was written on the menu?

Are the same choices available at the beginning and end of the lunch service?

If there have been any changes, what were the reasons for this?

Is there a lot of waste going into the bins?

What are the most popular and least popular items?