

Health and Wellbeing Service

2020-21 Packages of Support



- Relationship and Sex Education (RSE) support, training, resources and model policies to support the statutory Relationships, RSE and Health Education Curriculums
- Online School Health Check self-evaluation tool, aligned with the OFSTED framework, to validate and maintain Healthy Schools status
- Classroom based CPD for primary and secondary schools on a range of topics including puberty, contraception, healthy relationships and body image
- MindMate Curriculum to support Social, Emotional and Mental Health for years 1 to 11 current mental health curriculum
- Student and pupil leadership programmes to support health and wellbeing across the school including Green Eco Team and Food Ambassador programmes
- Investors in Pupils Programme
- School Food Standards and Cooking in the Curriculum training and support to meet curriculum requirements
- Female Genital mutilation (FGM), Child Sexual Exploitation (CSE) and healthy relationships lesson plans, resources, training and support with emerging issues
- Physical Activity training in conjunction with Active Schools+ Service
- A wide range of training: courses including PSHE, RSE, Drug Education, Physical Activity, Self-harm, Lesbian, Gay, Bisexual, Transgender (LGBT), Healthy Eating, Cooking, Pupil Participation, Sustainability and Youth Mental Health First Aid.

Number of pupils on roll	Basic package	Full package
0 to 150	£599	£735
151 to 420	£599	£895
421 to 714	£599	£995
715+	£599	£1050

Where Leeds schools or settings are part of a trust, alliance or federation discounted bespoke support packages are available. Please email schoolwellbeing@leeds.gov.uk

What is included:	Basic package	Full package
TRAINING: delegate places at training events (1 credit = 1 delegate place on half day training)	4 credits	unlimited*
Co-Delivery Session/ Classroom session from the support and prevention team	Use of 1 credit	✓
SUPPORT: professional advisory support	2 x 90min	✓*
Access to an online resource library at www.schoolwellbeing.co.uk	✓	✓
Access to the School Health Check and additional Healthy Schools tools on www.healthyschools.org.uk	✓	✓
External assessment of Healthy Schools status including a new plaque and feedback report	✓	✓
Access to online surveys for primary and secondary schools www.myhealthmyschoolsurvey.org.uk	no cost	no cost

*Subject to a fair usage policy

Pay as you go prices

The 'pay as you go' prices apply to all schools who have **not** bought into an SLA, have used all their Basic SLA package training credit quota or for services/ courses outside of the SLAs

Type	Cost
Central training	
Full day training course per delegate	£240
Half day training course per delegate	£125
Twilight training course per delegate	£80
In school training / advisory support	
90 min in-school advisory support / staff meeting or training	£205
Full day, in-school advisory support / training	£525
Choice of SRE & Drug education classroom sessions with pupils (1hour)	£80
Healthy Eating Assembly	£50
External assessment and Quality Assurance	
Healthy Schools external assessment visit, feedback plaque and report (included in SLA)	£495
SMSC Audit	£495
Website access	
School Wellbeing	£125+ VAT pa
Healthy Schools, including access to the School Health Check	£250+ VAT pa

Please visit www.leedsforlearning.co.uk for a full list of all services and training offered to schools.

In school and cluster training can be arranged on request.

Online Support:

Both SLA packages include access to the following websites:

www.schoolwellbeing.co.uk & www.healthyschools.org.uk. We also provide an online pupil health behaviour survey www.myhealthmyschoolsurvey.org.uk **FREE** to all Leeds schools.



www.schoolwellbeing.co.uk

Our one-stop shop for training & resources



www.healthyschools.org.uk

Online School Health Check to revalidate Healthy School Status



www.myhealthmyschoolsurvey.org.uk

Pupil survey gathering perception data & measuring health behaviours

Health and Wellbeing Service

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t. **0113 3785254**

e. schoolwellbeing@leeds.gov.uk

