

Bulletin

Issue 26 - 2018



Leeds

Hello! Welcome to the twenty sixth edition of the MindMate Champions Bulletin.

[Anti-Bullying Week resources, 12th –16th November 2018, theme: ‘Choose Respect’](#)

As anti-bullying week is approaching, we wanted to highlight a number of great resources by the Anti-Bullying Alliance designed to help schools prepare for anti-bullying week. They have many resources including a [Primary Pack](#), [Secondary Pack](#), [ideas to involve your students](#), how to run an [Odd Sock Day](#) and a guide for implementing [Restorative Practises in anti-bullying week](#). Don't forget to share what you do for Anti-Bullying Week online using #AntiBullyingWeek #ChooseRespect

[Sexual Harassment in Education](#)

The House of Commons Library has published a briefing paper on sexual harassment in education. The briefing gives an overview of the relevant policies that schools are expected to have in place and recent policy developments in England. It covers: Keeping children safe in education guidance; advice for schools on sexual violence and harassment; behaviour and bullying policies and relationships and sex education and PHSE.

[The Good Childhood Report 2018](#)

The Good Childhood Report 2018, produced in partnership with the University of York, is the seventh in a series of annual reports published by The Children's Society about how children in the UK feel about their lives. An interactive version of the report is available [here](#). Parenting advice based on this research is available [here](#).

[Playing out: the importance to children of play and physical activity](#)

A Children's Commissioner for England report looking at the importance to children of play and physical activity.

[Is the current definition of child on parent violence appropriate?](#)

A briefing on results of the [2018 Child on Parent Violence and Aggression Survey](#) of birth parents and predominantly adoptive parents then kinship carers, special guardians and foster carers. Among the [key messages](#) that are drawn from the responses the understanding of the underlying causes was one of the main areas for learning.

[Looked-after children: the silent crisis](#)

This report analysed inspection data from Ofsted, which assesses local councils' services for children in need of help and protection, looked-after children and care leavers. The Social Market Foundation (SMF) have also developed an [interactive dashboard](#) to allow people to see instantly how services in their area are performing.

[Peer influence and risk taking behaviour during adolescence](#)

This Mental Elf blog explores a recent article on avoiding social risk in adolescence, which argues that the social risk of being rejected by peers outweighs other potentially negative outcomes of decisions. The post 'peer influence and risk taking behaviour during adolescence' appeared first on the National Elf Service.

['Are they shouting because of me?' Voices of children living in households with domestic abuse, parental substance misuse and mental health issues](#)

This report from the Children's Commissioner presents the views of children being supported by three projects (based in London, Doncaster and Hertfordshire), all set up to support children and families living in households with mental health, parental substance misuse and domestic abuse.

[Women in crisis: how women and girls are being failed by the Mental Health Act](#)

This report from the British Association of Social Workers (BASW) sets out growing evidence that being detained under the Mental Health Act 1983 can be detrimental to women's and girls' wellbeing, with little attention paid to their particular needs, including their experiences of trauma.

[Ben's Place: Free online counselling for male survivors of sexual abuse](#)

Survivors West Yorkshire, West Yorkshire's only online specialist support service for Male Survivors of Child Sexual Abuse and Adult Rape, have launched Ben's Place, which provides free online counselling for men. Ben's Place is named after a West Yorkshire male survivor who experienced childhood sexual abuse between the ages 10 and 13. Ben took his own life shortly after his 23rd birthday.

The mission of Ben's Place is to deliver a specialist support and advice service to adult male survivors (currently aged 16+) who are ready to look for help with their experiences of sexual crimes committed against them.

[International early learning and child wellbeing study \(IELS\) in England: introduction to the research](#)

Information from the Department of Education about the international early learning and child wellbeing study (IELS) in England. The IELS is a study of children's cognitive and social-emotional development at age 5. The study is being carried out by the Organisation for Economic Co-operation and Development (OECD) in 2018 for the first time. The research report includes information about England's participation in the study.

[Children and young people's mental health: focus group research](#)

The Department of Health and Social Care (DHSC) has published findings from focus group research carried out to understand the views of children and young people, parents and carers, and professionals on the proposals in 'Transforming children and young people's mental health provision: a green paper'.

The student insight report, carried out by Young Minds, looks at the views of 55 young people aged 11-18 across England. Youth Access looked at the views of 11-15 year olds and 16-25 year olds. The National Children's Bureau reported on the views of over 80 professionals and parents.

[Does self-harm in young people increase the risk of subsequent suicide?](#)

This blog from The Mental Elf analyses a recent Swedish cohort study, which found that all youths presenting to a clinical setting with self-harm were at an elevated future risk of suicide.

[Mental health support - an overview of our future work](#)

This briefing from Healthwatch sets out a plan of action on mental health and how the Healthwatch network and stakeholders can get involved. It outlines the beginning of Healthwatch's multi-year programme where they will find out what support people want with their mental health. It also sets out how they will share this insight to influence policy, commissioning and practice at a national and local level.

The first area to be explored is **mental health support to new parents**. From August 2018, Healthwatch will investigate the experiences and outcomes of people experiencing maternal mental health challenges and conditions in more detail. Initial findings will be published in March 2019. You can [take part in the Healthwatch surveys](#) aimed at the public, local Healthwatch and stakeholders to build insight in this area.