**Teaching Resources – Primary & Secondary**

**Primary Resources**

**Title:** You, Me and PSHE Primary Scheme of Work

**Agency/Provider:** Leeds Health & Wellbeing Service[www.schoolwellbeing.co.uk](http://www.schoolwellbeing.co.uk)

**Cost:** ContactSchoolwellbeing@leeds.gov.uk for a quote

**Age Range:** 4 to 11 years

**Overview:** You, Me and PSHE is a full primary scheme of work which is now being used by over 170 primaries in Leeds and is recommended by the Education Reference Group of the Leeds Safeguarding Children Board. The scheme of work covers everything needed to deliver a whole school, spiral PSHE curriculum and includes emerging safeguarding issues.

Topics covered in the scheme include: Sex and Relationship Education, Drugs, Alcohol and Tobacco, Keeping Safe and Managing Risk and Mental Health and Emotional Wellbeing.

**Title:** Dot Com

**Agency/Provider:** Dot Com Children's Foundation

**Cost**: Journals cost between £30 and £80

**Age Range:** 5 to 11 years

**Overview:** The programme is based on a cartoon character called Dot Com and is delivered through a series of age appropriate ‘Dot journals’.

Throughout the Dot Com programme, children are taught three core messages:

1. we all have the right to feel safe all the time;

2. others have the right to feel safe with me; and

3. we can talk with someone about anything, even if it feels awful or small.

The programme covers a wide range of issues, including: child abuse, CSE, domestic violence, gang culture, knife and gun crime, terrorism / Prevent, internet safety and bullying.

<http://dotcomcf.org/what-we-do/>

**Title:** Play/Like/Share

**Agency/Provider:** CEOP/ThinkUKnow

**Cost:** FREE

**Age Range:** 8 to 10 years

**Overview:** Play Like Share is a three-episode animated series which aims to help 8-10 year olds learn how to stay safe from sexual abuse, exploitation and other risks they might encounter online. It is designed to be viewed by children in the context of at least three learning sessions, based on the plans in the teachers resource pack.

<https://www.thinkuknow.co.uk/professionals/resources/play-like-share/>

**Title:** Alright Charlie

**Agency/Provider:** The BLAST Project - part of Yorkshire MESMAC<http://www.mesmac.co.uk/>

 **Cost:** FREE

**Age Range:** 9 to 11 years

**Overview:** This resource is designed for use with children aged 9-11 in primary schools and aims to highlight the warning signs of grooming in an age appropriate way. The film is gender neutral and is seen through the eyes of a young person called Charlie who is groomed by a Danny. The resource was designed in consultation with CSE professionals and primary schools and includes an accompanying resource pack.

<http://www.mesmac.co.uk/projects/blast/for-professionals/resources>

**Title:** Real Love Rocks

**Agency/Provider:** Barnardo’s

**Cost**: £125

**Age Range:** 10 to 11 years

**Overview:** The Real Love Rocks Primary Resource is an interactive tool to help schools and other professionals talk to children in an age appropriate way about relationships and keeping safe. Following the BU Crew the Resource uses lots of games, crafts, activities and animations to help children think for both now and in the future.

The resource is aimed at children in year 6 and follows the ‘B U Crew’ as the children learn about four key themes:

**Relationships:** what they are and what makes a happy, safe and fair relationship.

**Grooming:** what it is and how to get help if a child feels uncomfortable.

**Keeping Safe:** how to stay safe, especially as they begin to get an increased independence and go to secondary school.

**Being Online:** How to keep safe when online, on phones, computers, tablets and when gaming.

<http://www.barnardosrealloverocks.org.uk/primary-schools/>

**Secondary Resources**

**Title: Leeds Secondary PSHE & Citizenship Education Toolkit**

**Agency/Provider:** Leeds Health & Wellbeing Service[**www.schoolwellbeing.co.uk**](http://www.schoolwellbeing.co.uk)

**Cost:** Contact**Schoolwellbeing@leeds.gov.uk**for a quote

**Age Range:** 11- 16 years

**Overview:** The PSHE & Citizenship Education Toolkit is a comprehensive overview of the secondary PSHE and Citizenship curriculum areas, complete with detailed lesson plans and resources. Created as this fully editable resource teachers/practitioners are able to develop their own individual programmes, tailored to their school's requirements. This resource has been developed for easy use, simple with navigation to PDF’s, Word, PowerPoint files, video clips and website links.

**Title:** Love or Lies – My Dangerous Loverboy Resource Pack

**Agency/Provider:** Eyes Open Creative

**Cost:** £249

[http://www.mydangerousloverboy.com/love-or-lies-education-resource-pack-now-available**/**](http://www.mydangerousloverboy.com/love-or-lies-education-resource-pack-now-available/)

**Age Range:** 13+

**Overview:** Love or Lies? is a comprehensive educational resource pack containing lesson plans and interactive exercises designed for use with groups of young people in schools and other settings. It also contains information and exercises aimed at staff (which could be used by a wider group of front line professionals) highlighting the signs and indicators of sexual exploitationand internal trafficking. The exercises focus on creating healthy relationships, self-esteem, pressures and expectations, minimising risk, safety on the internet, sexual exploitation and internal trafficking (aka street grooming).

**Title:** Sick Party DVD

**Agency/Provider:** Basis Training <http://basistraining.org.uk/>

**Cost**: £60

**Age Range:** 11+ years

**Overview:** The film is a frank and hard-hitting drama depicting the current picture of child sexual exploitation across the UK. Based on a real-life story, it explores the experiences of child sexual exploitation (CSE) including  peer on peer grooming, party lifestyle grooming, drinks and drugs, consent, coercion, gifts, self-esteem and child sexual exploitation.

<http://basistraining.org.uk/resources/sick-party/>

**Title:** Spiralling

**Agency/Provider:** Safer Bristol

**Cost:** FREE

<http://www.bava.org.uk/wp-content/uploads/bava-spiralling-tool-kit-web.pdf>

**Age Range:** 13+

**Overview:** The Spiralling toolkit includes a short drama clip along with a comprehensive resource pack exploring issues the issue of intimate partner violence in teenage relationships.

**Title:** Exploited

**Agency/Provider:** CEOP/ThinkUKnow

**Cost:** FREE

**Age Range:** 14+ years

**Overview:** This film explores issues of emotional and sexual abuse within teenage relationships. Lauren and Sophie each have a new boyfriend, but whilst Sophie and Danny are learning how to respect and care for each other, Lauren finds herself at risk of exploitation and abuse from Marcus and his friends. 14 year-old Chloe is already one of his victims, and her experience helps the audience to see the difference between healthy and unhealthy relationships. The film also shows how Marcus himself is being exploited by older men, thus highlighting how this behaviour can affect boys as well as girls.

* This film examines: How to spot the signs of an abusive relationship
* Negotiation and honesty within healthy relationships
* Grooming, including blackmail and coercion
* Peer pressure
* The law around the age of consent
* How to seek help, and what happens after a report is made

There is also an adapted version with subtitles and audio description. <https://www.thinkuknow.co.uk/professionals/resources/exploited/>

**Title:** Say Something

**Agency/Provider:** City & Hackney Safeguarding Children Board

**Cost:** FREE

**Age Range:** 11 to 16 years

**Overview:** A drama created by young people for young people to highlight the importance of saying something when you're worried about a friend. The film focuses peer on peer abuse but in a subtle way to highlight to young people, that yes this is CSE. It was designed, created, acted, directed, edited and has been promoted by young people.

<https://www.youtube.com/watch?v=CyHOw7Faf6I&feature=youtu.be>

**Title:** Disrespect Nobody

**Agency/Provider:**

**Cost:** FREE

**Age Range:** 12+

**Overview:** The Disrespect Nobody campaign helps young people to:

* understand what a healthy relationship is
* re-think their views of controlling behaviour, violence, abuse, sexual abuse and what consent means within their relationships

It aims to prevent the onset of domestic violence in adults by challenging attitudes and behaviours amongst young people that abuse in relationships is acceptable.

The campaign is targeted at 12 to 18 year old boys and girls and aims to prevent them from becoming perpetrators and victims of abusive relationships.

<https://www.disrespectnobody.co.uk/>

**Primary & Secondary Resources**

**Title:** BLAST Project

**Agency/Provider:** BLAST Project

**Cost:** Various -Please go to <http://www.mesmac.co.uk/projects/blast/contact-us> for a quote on individual resources.

**Age Range:** 11 +

**Overview:** The BLAST Project is the UK’s leading male only sexual exploitation service supporting and working solely with boys and young men who have experienced, are experiencing or are at risk of experiencing child sexual exploitation (CSE). They project have created a range of resources aimed at educating both young people and professionals about the issue of male CSE. Click the link for a list of their current resources

<http://www.mesmac.co.uk/projects/blast/for-professionals/resources>

**Title:** Real Love Rocks

**Agency/Provider:** **Barnardo’s -** <http://www.barnardosrealloverocks.org.uk/>

**Cost**: FREE

**Age Range:** ALL

**Overview:** A website for young people, parents and professionals. Specifically for professionals Real Love Rocks is about sharing specialist knowledge to support and equip professionals, to raise awareness about child sexual exploitation, grooming and what a healthy, safe, consensual relationship is. It aims to do this through specialist CSE training, The Real Love Rocks Resource packs and The Hub (an online membership area for those working directly with children and young people containing regular updates, information and free resources).

**Title:** CSE and Gypsy, Roma and Traveller Communities

**Agency/Provider:** The Children’s Society

**Cost:** FREE

**Age Range:** 11+ years

**Overview:** As part of an initiative in West Yorkshire, The Children’s Society have recently completed a yearlong project to improve awareness of Child Sexual Exploitation (CSE) amongst Gypsy, Roma and Traveller communities. As a result of the project a number of resources were produced including an animation around sexting and online grooming which was created by Gypsy and Traveller young people; accompanying workbook and professionals guide; and some posters and leaflets translated into two Roma community languages of Romanian and Slovak.

<https://www.childrenssociety.org.uk/what-we-do/helping-children/gypsy-roma-traveller-children-cse-resources>

**Title:** Internet Safety Resources - Various

**Agency/Provider:** CEOP/ThinkUKnow

**Cost:** FREE

**Age Range:** 5+

**Overview:** CEOP is a command of the National Crime Agency. The National Crime Agency is committed to protecting the public from serious and organised crime, and CEOP's role is to tackle the sexual exploitation and abuse of children (CSEA), both online and offline. The Education team at CEOP deliver the Thinkuknow education programme that aims to empower and protect children and young people from sexual abuse and exploitation.Thinkuknow includes films, animations, websites, presentations and lesson plans to enable professionals to explore difficult and sensitive issues safely with children and young people. The animations/film resources are accompanied by toolkits and delivery guidance documents to help professionals explore their themes with children and young people.

**Title:** Expect Respect

**Agency/Provider:** Women’s Aid

 **Cost:** FREE

**Age Range:** Primary & Secondary

**Overview:** The Expect Respect Educational Toolkit consists of one easy to use ‘Core’ lesson for each year group from reception to year 13 and is based on themes that have been found to be effective in tackling domestic abuse. Although the Expect Respect Education Toolkit is targeted for use by teachers within schools, it can just as easily be used by a range of other professionals working with children and young people in a variety of settings such as youth clubs or play schemes.

<https://www.womensaid.org.uk/what-we-do/safer-futures/expect-respect-educational-toolkit/>

**Title:** Looking for Callum

**Agency/Provider:** Leeds Theatre in Education

**Cost**: Contact: theatreineducation@hotmail.com

**Age Range:** Primary/Secondary

**Overview:** Leeds Theatre in Education is an educational theatre company. All their plays are suitable for adult community groups, children and young people – in and out of a school setting – professional groups and conferences. They use the world of the play to enable groups to safely explore sensitive issues through discussion, creative group work and drama. They currently offer a range of performance workshops with their most recent performance, Looking for Callum exploring issues around grooming and CSE